

World Star

CHINESE MARTIAL ARTS COMPETITION

世界之星中華武術錦標賽

Competition, Demonstration, Scholarship, Workshops

April 21 - April 23, 2023

Marriott Westchase - 2900 Briarpark Dr. Houston, TX



All proceed benefits Wu Martial Arts Scholarship. Hosted by WMAA 501(c)(3) non profit organization

2023 WSCMAC Schedule

Friday 4/21

5 - 7 PM On-Site Registration

7 PM ~ **Workshops**

Workshop (1) 7 - 9 PM

- **“Penchak Silat Harimau Berantai originated out of Mayalasia” Master James Smith**

Workshop (2)

- **Five Steps and Eight Methods for health and martial arts progress Master George Hu**

To Whom: All ages and styles of practitioners. All Tai-Chi Chuan, Shin-I Chuan, Ba-Gau, Ba-Ji Guan, Shaolin Kung-Fu, All Southern Style, even for health training, all welcome.

1. **7 - 8 PM (FREE) : Introduction for all interested**

2a. **8 - 9 PM : Building Foundation**

i. Post, Stance, Wu-Ji, Tai-Chi post, “Center Step” ii. Cultivate “Kidney Chi” and reduce backache.
iii. Back to “Prenatal” state - breathing & concept practice

2b. **9 - 10 PM : Form Study**

(Including: “Eight Methods” - Tai-Chi Chuan form and matching)

i. Get into “Five Step” - forward & back steps.

ii. Get into “Rotation of waist” - steps to the right to the Left” “ Diagonal & Orthogonal methods”

Saturday 4/22

8:00 AM On-Site Registration

9:30 AM **Opening Ceremony** ~ **Competition Starts**

8 PM - 10 PM

Workshop (3)

- **“Taji Juan Application for Transitional movement” Master Paul Hannah**

i. Learn to protect and attack during transition
ii. Learn three point stance for cultivating sensitivity / perception.
iii. Dynamic stance for balance, flexible and yielding

Workshop (4)

- **“Traditional Chinese Sword; Green Dragon Sword...” Master Charles Graham**

Sunday 4/23

Sunday 8 - 10 AM

Workshop (5) - “Tai Chi Secrets ” Master Chun Man Sit

Tai Chi secrets are simple principles that have profound impact on your understanding of Tai Chi.

They are the shortcuts to becoming a master with real abilities and knowledge. (All styles are welcome)

Workshop (6) Master George Hu

a. Practice “Feeding test of Jin”, “Matching, Catching opponent preparation”

i. Learn how to get ready to face a test.

b. Way of “Fa-Jin” training with safety concerns.

i. Learn with partner. ii. Learn how to discharge and “pop” your partner 4-6 feet away without hurting each other. iii. Learn with partner. iv. Learn how to discharge and “pop” your partner 4-6 feet away without hurting each other.

10:30 AM 2023 EXPO of Chinese Martial Arts

2023 WSCMAC Grand Champion Award Ceremony &

10th Wu Martial Arts Scholarship Award

Dear friends,

I am absolutely thrilled to extend a warm welcome to each and every one of you for the upcoming 2023 World Star Chinese Arts Competition and Wu Martial Arts Scholarship. This is a highly anticipated event that promises to showcase the very best of Chinese arts and culture on a national platform.



It's an honor to have such talented and passionate individuals like you all participating in this prestigious competition. I can only imagine the amount of hard work, dedication, and discipline you have put into preparing for this moment. You all have my utmost respect and admiration.

The World Star Chinese Arts Competition offer a unique opportunity to not only showcase your skills and talents but also to connect with fellow artists and martial arts enthusiasts from around the world. This is a chance to share and learn from each other, to celebrate our diversity, and to foster a deeper appreciation of Chinese arts and culture.

I am so excited to see you all shine on this grand stage and am confident that you will do us proud. Whether you win or not, know that you have already accomplished something truly remarkable by simply being here and sharing your passion with the world.

I wish you all the very best of luck and hope that this competition will be a truly unforgettable experience for you. May you all continue to inspire and be inspired by the power of art and culture. To encourage the youth, 12th grade to junior in college, we will present Wu Martial Arts Scholarship during the "Expo of Chinese Martial Arts on Sunday morning, let's join together to celebrate with recipients of the Scholarship and Grand Champions.

Warmest Regards,

A handwritten signature in black ink that reads "Ernie Wu".

Ernie Wu

President Wu Martial Arts Association



www.kungfucpetition.com



 **Solidarity**  **Strength**  **Perseverance**



2023 EXPO of Chinese Martial Arts

The 10th Annual Wu Martial Arts Scholarship Award Ceremony

中華武術展暨第10屆宏武傑出青年獎學金頒獎典禮

4/23 Sunday, 10:30 AM

MC: Clint, Kelly

* Appreciation to all Participating Schools *

- | | |
|--|---------------------------------|
| 1. Wu Martial Arts Scholarship Award | Haotian Tan, Jean Hoang |
| 2. Hu's Martial Arts School | Si Fu George Hu (team) |
| 3. Houston Shaolin Kung Fu Academy | Si Fu Shi Xing Hao (team) |
| 4. Birds of Prey Kung Fu Tai Chi | Si Fu Michael Aronson |
| 5. Sifu Meng's International Kung Fu Academy | Si Fu Meng (team. CA) |
| 6. 2023 Scholarship Recipient | Haotian Tan |
| 7. Blue Siytangco Tai Ji and Kung Fu Academy | Si Fu Blue Siytangco |
| 8. Houston Shaolin Temple Kung Fu Center | Si Fu Jian Wang (team) |
| 9. San Cai Jien (3 Treasure Sword) | Si Fu Charles Graham |
| 10. Integrity Kung Fu | Coach Qingbin Chen (team) |
| 11. Lee's Kung Fu Tai Chi | Si Fu Glen Guerin (LA) |
| 12. 7 Star Martial Arts | Si Fu Jeff Remster |
| 13. Lee's White Leopard Kung Fu School | Si Fu Johnny Lee |
| Wu Yi Shaolin Martial Arts Center | Si Fu Henry Su (team. Dallas) |
| 14. Feeding Crane/Angle Battle Fist 食鶴拳/角戰 | Lloyd Shiu, H.C. Chang |
| 15. Zhuang's TaiChi and Kung Fu Academy | Si Fu Ya Jun Zhuang (team, LA) |
| 16. Master Sit's Tai Chi & Kung Fu | Si Fu Chun Man Sit (Kansas, MO) |
| 17. Shaolin Temple Culture Center | Si Fu Shi Yan Chan (team) |
| 18. 2023 Scholarship Recipient | Jean Hoang |
| 19. Shaolin Wu-Yi Institute | Si Fu Travis Alschbach |
| 20. Yianmei Liu Tai Chi Team | Yianmei Liu |

21. Grand Champions Award

* Curtain Call 所有師傅們與全體演出團員合照 *

Wu Martial Arts Scholarship



2023
Jean Hoang



2023
Haotian Tan



2022 Katelyn Phung, Pearl Zhang, Elina Meng, Mrs. & Mr. Wu, Alex Xu, Cara Zhuang

 **Solidarity**  **Strength**  **Perseverance**

Eligibility: Applicants to the Scholarship Program must, at the time of the application:

- Be a U.S. citizen;
- Plan to enroll full-time as an undergraduate at an accredited U.S. four-year college or university for the entire upcoming academic year;
- Have studied one or more styles of Chinese Martial Arts – Kung Fu, Wu Shu, Tai Chi, or Shuai Jiao for a minimum of four (4) years;
- Have a minimum average GPA of 3.0 on a 4.0 scale (average B);
- Be able to provide necessary proof for the above.

Selection Process: Scholarship recipients are selected based on the following factors:

- Achievements in martial arts (e.g., tournament participation and medals, contribution to the advancement of martial arts);
- Academic achievement;
- A one to two page essay explaining what the study of martial arts has meant to the applicant (double-spaced, 12 pt, Times New Roman font) ;
- Two recommendation letters. (*The applicant consents to the publication and use of the essay by WMAA.)

Award Amount: \$1000 per person.

Application Procedure:

All applications must be submitted in writing on or before deadline each year to:
Wu Martial Arts Association Scholarship: 9777 Harwin Drive, #509 • Houston, TX 77036
Applicants are responsible for submitting all materials on time and in ONE ENVELOPE.
Incomplete applications will not be evaluated. Applications are complete and valid only when all of the following materials have been received.



Please check the website www.wumartialarts.org or email: wumartialartsassociation@gmail.com

Appreciation to all the Judges and Masters

Travis Alschbach	Allen DeWoody	Gigi Ip	Danny Ng	Henry Su
Zheng Ann	Ying Feng	Viet Le	Scott Pettengill	Jian Wang
Michael Aronson	Tom Gohring	Johnny Lee	Jenny Pless	Yun Yang Wang
Danqing Bei	Charles Graham	Glorai Li	Nelly Rovira	Clint Wu
Ryan Bergeron	Glenn Guerin	Schiller Liao	Brad Ryan	Yi Yang
HC Chang	Paul Hannah	Jason Liao	Tess Schwartz	Jun Yi Yang
Luyun Chen	Randy Harper	Schiller Liao	Xing Hao Shi	Shun Kai Yao
Qingbin Chen	Jean Hoang	Whit McClendon	Yan Chan Shi	Charlotte Zhang
Dug Copolongo	James Hsu	Aaron McIntire	Chun Man Sit	Yichun Zhang
Wallace Cupp	George Hu	James McIntire	Blue Siytangco	Yajun Zhuang
Karolyn Dai	Michelle Huang	Sheng Meng	James Smith	

Brief Bio for Workshops' Masters

Master James Smith

Sijo James Smith started his martial arts journey in Pittsburgh, Pennsylvania. It has been 52 years. James have received several black belts in various forms of martial arts such as: Shorin Ryu, Wing Chun, American Kenpo, and Kajukenbo Ju Jitsu. In addition, he has reached senior ranks in arts of Thai Isshi Man Bo (JDK Concepts), Hung Gar Kung Fu, Kho Shu Kenpo and Shinjimasu.

Recently he has been promoted by Professor Jak Othman to Guru in Harimau Berantai Silat and Gayong Harimau Silat. James is also training Silat Buka Linkgaran (SBL) under Alvin Guinanao.

He believes that Martial Arts creates a commitment for self-discipline, confidence, and honor which can be used in every aspect of life.

Master Charles Graham

Sifu Charles Graham is a senior student of the late GrandMaster Madame Wang Jurong , and Sifu Jeff Bolt. He is the Kung Fu Grandson of Dr. Yang Jwing Ming, and has trained under renowned Chief Referee and San Shou Coach Laoshir Shawn Liu Xiang (Master DeRu). He was a Five Time International Gold Medalist and U.S.A. He is the former United States Chief Official/Referee, former U.S.A. Team Middleweight & Light Heavyweight Coach and a leading Expert on Northern Shaolin, ukien White Crane, Yang's Taiji, SanDa/San Shou, Modern Wushu.

Director of "Shaolin KungFu" in Houston, TX, Coach of the Austin SanDa Club.

Master Chun Man Sit

Master Sit is an expert on Wu style Tai chi and Tai Hui Six Elbows Kungfu.

A 48 years veteran of Chinese Martial arts, he has written many articles on Tai chi andkungfu, published in Tai Chi Magazine, Inside Kungfu and Taiji and Wushu. He judgesregularly in Tai Chi and kungfu tournaments, serving five times as chief judge for grandchampionship at Taiji Legacy in Dallas, TX

Master George Hu

Master Hu has given many demonstrations and workshops of Kung Fu and Tai Chi Chuan in Colorado, Illinois, Michigan, Missouri, Montana, Ohio, Washington D.C. and Texas.

During his martial arts career, he has participated in over twenty-five Martial Arts tournaments, placing first in most competitions. He is a member of the Texas Acupuncture Association. He currently teaches Chi Kung and Internal Style Martial Arts in Houston, TX where he also maintains an active practice of traditional Chinese Healing (acupuncture, acupressure, moxibustion, etc.).

Paul L. Hannah M. D.

Paul L. Hannah M.D. is a Master Teacher Healer. He is an internationally recognized Spiritual Qi Gong Master and a resource for higher dimensional knowledge. Dr. Hannah has traveled the world studying Martial Arts extensively (Hong Kong, Tibet, Canada, Malaysia, and China)

He is the author of 2 books; *Qi Gong Awakens* and *Remembering the Qualities of your Soul*.



Thanks to All Athletes



who have made *2023 World Star Chinese Martial Arts Competition* a great success.

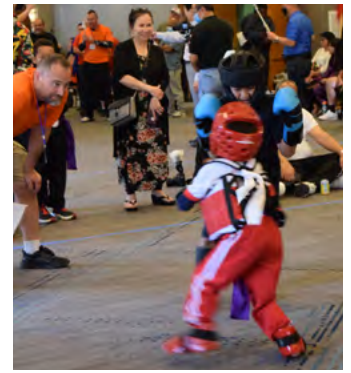
2023 early registered athletes

Luke Alschbach	Honor Davidson	Anthony Kwan	Vaibahv Nambiar	Serenity Tran
Mario Alvarez	Jacob D. DeLarm	Greg Lacy	Vaishanv Nambiar	Tristan Tran
Brian W. Anderson	Joseph M. Demascal	Sivakumar Lakshmanan	Tim Q. Ngo	Tan Tran
Autumn Anderson	Hiruni Dissanayake	Arthur Lam	Matthew M. Nguyen	Quy D. Truong
Kate Avila	Derek Do	Jennifer W. Lee	Alex V. Nguyen	Heidi Truong
Shravan Avyukta	Xia-Wei S. Ea	Chi Y. Lee	Ben N. Nguyen	Bryanna I. Tucker
Zanon O. Barrett	Nathaniel Eng	Clark Leung	Courtney Nicholas	Ved Varma
Aurora L. Barrett	Elizabeth Eng	Emily Li	Jing Nie	Alexander Vu
Reagan M. Bazan	Helen Febrie	Huizhe Li	Sharon O'Brien	Alvin Y. Wang
Brenton R. Blazek	Claire Y. Gao	William Li	Matthew Olmstead	Gabriel Wang
Griffin Booher	Gustavo Garcia	Anthony J. Lim	Ethan Ouyang	Dylan Watson
Andrew Bowen	John B. Gateley	Eric Lin	Isabelle Pan	William Q. Wei
Zachary L. Briones	Kingsley Geng	Ethan Liu	Brian Pan	Jennifer L. Weitz
Ashtan Brockmann	Heather Gerling	Patrick Liu	Ahna Patel	Joshua A. Wilson
Iris Cai	Enrique Gomez	Jordan Liu	Nick J. Pennacchio	Ethan Wu
Krist Caldwell	Gabriela Gonzalez	Michelle Liu	Steven Phum	Wenchen Xie
Julian Carlton	Jeremiah L. Gonzalez	Tyler Liu	Edmund L. Pozniak	Naythan Xu
Alister Carlton	Jie Gu	Yanmei Liu	Sreejith Pulickal	Zhihan Xu
Eric A. Carrasco	Anthony S. Gu	Qiang Liu	Mitchell Purpera	Charlie Xu
Esperanza I. Casas	Nathan J. Guijon	Kristen Lowe	Bharat Ravilla	Aria Yang
John A. Casas	Mark R. Harris	Dazhi Lu	Bharat Ravilla	Justin Yang
Ling Casenas	Joseph Harris	Alex Lu	Sophia M. Reichert	Nianjin Yang
Taran F. Champagne	Nathan J. Hausey	Fionna Lu	Sara A. Reichert	Judy W. Yang
Findley F. Champagne	Jay K. Hayley	Vincent Lu	Mark Rinkerman	Connie Yang
Vivian Chan	Terrence W. Henderson	Cecily Lu	Felix K. Rivera	Kevin Yang
Vickie Chang	Jacob Higgins	Alejandro Luera	Rob Robinson	Mia Yao
Maximilian Charles	Eric P. Hogan	Katrina Luong	Anqi Rong	Eli Yao
Mason Cheang	Lindsay Hsu	Catherine Luong	Carmen M. Rovira	Junqi Yao
Shuli Chen	Gilles Hudelot	Cabrini Luu	Nelly E. Rovira	Emory Yi
Emerson R. Chen	Jonathan W. Inman	Dylan Ly	Miranda Salamanca	Logan Yi
Arthur Cheng	Elijah Jean	Jacquilyn Ly	Alexander D. Santos	Joseph W. Youngblood
Elyne N. Cheng	Setara Jensen	Cameron Man	Jenna M. Schmitz	Liteng Yu
Athena L. Cheng	Randy Jiang	James A. McGraw	Mina Selcuk	Ryan Yuan
Alexander L. Cheng	Alyssa Jiang	Paul E. McIntire	Cody J. Simon	Gio M. Zepeda
Cathy Cheng	Gerald Jones	Charles E. McMichael	Brendan H. Siswanto	Phoenix T. Zetterlund
Elena Cheng	Moises D. Juarez	Shakthimeena Meenakshisundaram	Sahana Sivakumar	John Zhai
Maggie Z. Cheng	Angelica Kaiser	Sonia Y. Meng	Zachary M. Siytangco	Anson Zhang
Eason Cheung	Narendra Kanar	Stanley Meng	Cooper L. Smith	Liran Zhou
Mason Cheung	Aum Kanar	Elina Meng	Lizzy A. Stallings	Jason Zhou
Claire Chevalier	Roshan L. Khan	Yaseen Borhan Merrikh	Alexander Starnes	Eric Z. Zhu
Nivedh V. Chidambaram	Harinandan Kieewarsan	Aaliyah Moreno	Evangeline F. Su	Grace Z. Zhu
Omker Chirala	James G. Korrodi	Evyn Mui	Pujan Talam	Megan Zhu
Toni Cirilli	James G. Korrodi	Hervin K. Mui	Haotian Tan	Evan Zhuang
Madison G. Cua	Sean Kovarovic	David Mullin	Avery H. Tanzil	
Kaili Dauffenbach	Campbell Kramer	Maria Munoz	Aldric E. Tanzil	
Kannon Dauffenbach	Aditya Kumar	Tanay Nambiar	Pranav Thoppay	

2022 WSCMAC Highlight

















Shaolin Wing Chun

by Master Bradley Ryan

Historical Information on Wing Chun

Wing Chun originally started in the Southern Shaolin Temple and contained at least the core of Sam Jin Bou, later on with Siu Nim Tau, Chum Kiu, and Biu Ji, Saan Sau, Wooden Dummy, Pole and the knives include Fukien Wing Chun. This system represents the essence of Southern Shaolin martial arts.



Wing Chun is a system based on Chan Buddhism and the Principle of Time/Space, Energy and the concepts of Heaven Earth Human which makes it both a complete combat system and a personal cultivation system, which the VTM classifies as “Shaolin Wing Chun.”

In the many centuries since the destruction of the Southern Shaolin Temple, the original Shaolin Wing Chun system is still well-preserved today.

Shaolin Wing Chun

Meng’s Martial Arts was established in 1987 in Huber Heights, Ohio. We have a growing list of schools throughout the United States, South America, Europe, Middle East and Asia.

We are the Largest Wing Chun Organization in Pan-America. In 2004 Meng’s Martial Arts of Katy / Shaolin Wing Chun Kung Fu Academy, Inc. was started. We are known for our educational approach the martial arts. We go beyond just knowing the techniques. Understanding that martial arts are a proven method for helping us understand both self and the world we live in. We have had one of the largest martial arts schools in Katy for years.

Shaolin Wing Chun traces its roots to the founding of Wing Chun. For all the recognition, impact, and legacy to be found in the martial art of Wing Chun, one of the more startling aspects to the system is the persistence of the myth of the system’s founding with the interaction between the famous martial arts nun, Ng Mui, and a young girl, Yim Wing Chun. While this legend is very romantic and startling, the fact is there is no documentation of the existence of Ng Mui or Yim Wing Chun as historical figures, but these names can be found as terms for aspects of the system’s technical training in several lineages.

While proof of the oral legends is somewhat lacking to date, there is plenty of information on the evolution of the art we call Wing Chun, which we present today through seven distinct phases of the system’s growth:

Shaolin Era (520 to 1644) when the system was initially developed as a vehicle for cultivating Chan Buddhism, health/fitness/healing, and self-defense skills.

Secret Society Era (1644 to late 1600s) when the system left Shaolin and entered the anti-Qing secret societies.

Opera Era (early 1700s to early 1800s) when the system moved away from the Shaolin roots and more solidly into the secret societies, and mixed with the public for the first time, pre-Opium Wars.

Red Boat Era (early 1800s to 1855) when the system moved away from the secret societies as Chinese culture shifted after the Opium Wars.

Public Canton/Gwongdong Era (1855 to 1950s) when the system moved off the Opera boats and out of secret societies and into the public eye.

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2022 International Champions

World Medalists

Vincent Meng - Kuo Shu M 65kg GOLD

Vincent's 4th World Title

Andrew Tate - Kuo Shu M 75kg GOLD

Pan-American Medalists

Derikson Meng - Sanda Junior M 65kg GOLD

Shea Scarborough - Sanda Junior F 52kg GOLD

Spencer Meng - Sanda M 70kg SILVER

Vincent Meng - Sanda M 65kg BRONZE

Andrew Tate - Sanda M 75kg BRONZE

Mason Andrews - Sanda Junior M 60kg BRONZE

2022 National Champions

National Gold Medalists

Vincent Meng - Sanda M 65kg

Spencer Meng - Sanda M 70kg

Andrew Tate - Sanda M 75kg

Mason Andrews - Sanda Junior M 60kg

Derikson Meng - Sanda Junior M 65kg

Giovanni Dugger-Smith - Sanda Junior M 70kg

Shea Scarborough - Sanda Junior F 52kg

Noble Burns - Sanda Youth 7-9 M 30kg

Evelyn Mendenhall - Sanda Youth 7-9 F 30kg

Leah Champagne - Sanda Youth 10-11 F 30kg

societies.

Opera Era (early 1700s to early 1800s) when the system moved away from the Shaolin roots and more solidly into the secret societies, and mixed with the public for the first time, pre-Opium Wars.

Red Boat Era (early 1800s to 1855) when the system moved away from the secret societies as Chinese culture shifted after the Opium Wars.

Public Canton/Gwongdong Era (1855 to 1950s) when the system moved off the Opera boats and out of secret societies and into the public eye.

Hong Kong Era (1950s to now) when the system established a larger following in the Chinese martial arts community.

International Era (present-day) when the system spread out of Southern China to reach an international stage.

Currently, Shaolin Wing Chun continues its efforts to educate the public while also demonstrating the effectiveness of our system by competing throughout the world. Our dedication to both training and competition can be demonstrated by the fact that 13 of the 26 members of the USA Wushu Kungfu Federation National team for Sanda are members of the Shaolin Wing Chun organization.

 **Solidarity**  **Strength**  **Perseverance**

Volunteer Team

Coordinator: H.C. Chang, Team Leader: Kelly Tseng,

Evelyn Chao, Mike Chen, Shunli Chen, Julia Chou, Winnie Chung,

Jeffery Fang, Kevin Hsiao, James Hsu, Amy Ku, May Lin, Jeng Y Ling,

Karen Rust, Lloyd Shiu, Helen Shiu, Tsung-Lin Tsai, Karen Tseng, Ocean Tseng,

Clint Wu, Eleen Wu, Lotus Wu, David Yin, Candice Yu, Chris Yu

& The Formosa Association of Student Cultural Ambassadors in Houston

Directory of Chinese Martial Arts Schools

Name of School	Instructor(Si Fu)	City	Contact Information
7 Star Martial Arts Kids Martial Arts Class - won't just make your child safer, stronger & more fit... ADULT MARTIAL ARTS - not only will you get powerful martial arts training.... you'll also get in amazing shape, build your confidence and have the time of your life Kickboxing - strap on your gloves and have the time of your life punching and kicking your way to a fitter, slimmer, happier you.	Jeff Remster	Round Rock, TX	info@7starma.com
13 Postures Academy (616) 322-3166 4606 Phlox St, Houston, TX	Fundi Fe 77051	Houston, TX	
American Institute of Martial Arts 5006 West 34th, Unit C Houston, Texas 77092	James Smith	Houston, TX	346-842-8199 aima7226@hotmail.com
American Martial Arts Academy Since being founded in 1993, we have taught and inspired hundreds of people in our community! Our goal is for us to have an incredible long-term relationship as we help you and your child reach your goals! Our Martial Arts Instructors are the BEST! Every staff member here at American Martial Arts Academy has a level-2 background check and has passed our rigorous training program to ensure that we can provide the best quality classes and customer service to you and your family!	Wallace Cupp	Houston, TX	(281) 597-0580
American Shaolin Kung Fu  Shi Yan Feng (Master Feng) has well over 500 students all over the US. To date, his students have won many 1st, 2nd, and 3rd place medals in All-Texas, All-American, and International Wushu Competitions held in the United States. Email: americanshaolinkungfu@yahoo.com His expertise includes: Traditional Northern and Southern Shaolin (forms and 18 weapons), Ditang Quan (Ground Boxing), Modern Chang Quan (Wushu and Long Fist), Drunken Style, Animal Styles, Qi Gong, Tai Chi, Meditation, San Da (Chinese kick boxing), Qin Na (Pushing Hands/ Grappling)	Shi Yan Feng	Sugar Land, TX	www.americanshaolinkungfu.com
Alvarez Kung Fu 313 East 45th., Odessa, TX 79764	Carlos Alvarez (432) 381-6039	Odessa, TX	alvarezkungfu1971@gmail.com
Austin Sanda Club 5775 Airport Blvd Ste 725, Austin, TX 78752	Charles Graham (979) 320-2045	Austin, TX	combatshuaichiaontx@gmail.com
Bad Ace Shou Shu Academy Moore's Martial Arts is a self defense based style of martial arts. We believe in teaching you efficient ways to move your body and use the right techniques to help you be successful in defending yourself, no matter your age or size. We practice all our curriculum on one another in a controlled atmosphere, so you will be comfortable using your skills. We practice jiu jitsu and kickboxing	Rodger Martin	Minot, N. Dakota	701-839-9860
Bellaire Yoga TaiChi Master Edward Wong trained in several other forms of martial arts but have always returned back to Tai Chi. He has been training in Tai Chi & Qi Gong for over 40 years. He focuses his teaching on foundation, theories and self defense application for Tai Chi. Foundation and theories unlocks the deeper secrets of Tai Chi to help his students reach the full potential that Tai Chi has to offer. Master Wong teaches Chen and Yang Tai Chi. He also teaches advance level of Qi Gong.	Edward Wong	Houston, TX	346-360-3050
Bellaire WuShu Academy The BMAA was founded by Dr. Randy Harper (Sifu) on Biblical principles in the Word of God. BMAA is committed to sharing Christ through the Wushu, and Christian Fellowship. The mission is to train leaders and to Love The Lord. BMAA also promotes Wushu and martial arts and self defense. Our goal is to encourage humbleness, restore family values and witness the gospel through Wushu (Chinese Martial Arts) and Taekwon-Do.	Randy Harper	Bossier City, LA	bellairewushum@gmail.com
Birds of Prey Kung Fu Tai Chi YING JOW PAI TRADITIONAL TKD PTMA TAE KWON DO, Yang Style Tai Chi, Northern Long Fist and Southern White Crane Call us: 832-289-7074 or email us at: fmichaelaronson@gmail.com	Michael Aronson	Richmond, TX	
Oriental Phoenix Arts <i>Chen Style Taijiquan</i> - Enhance your health and wellness. <i>Kids Kung Fu</i> - Improve your child's discipline, self-control, and overall character development with Kungfu! Including bare-hand and weapons forms, kickboxing, wrestling, and self-defense. Warrior's Edge Self Defense - Take responsibility for your own personal safety and to learn how to protect your family and loved ones from criminal danger!	Blue Siytango	Houston, TX	blue@bluesiytango.com

Name of School	Instructor(Si Fu)	City	Contact Information
Central Motion Martial Arts	Kai Lewis	Houston, TX	Kai@Centralmotion.org
Offer services ranging from: practical self-defense, traditional martial arts, personal training, functional fitness, stress relief, reflexology and meditation. Mindfulness and breathing is the thread that connects and unites the different modalities into one piece to help promote self-healing, self-defense and self-discovery. The sources of CMMA are mainly drawn from Taiji, Silat, Yoga, and Kalis systems but also include elements of Physical Therapy, Sports Science and Massage therapy.			
Chinese Kung Fu Academy	Tommy Quan	Austin, TX 77389	
Combat Shuai Chiao	John Wang	West Lake Hill, TX	johnwang46@yahoo.com
John S. Wang, disciple of the grand master Chang, Dong Sheng (the Chinese wrestling king), has over forty years of martial arts experience and has won competitions in the United States and China, including three times United States heavy weight championships in Shuai Chiao (1982, 1983, 1984). Mr. Wang has been teaching in Austin since 1972 and serves on the board of directors for the American Combat Shuai Chiao Association.			
Chu's Kung Fu	Paul Chu	Houston, TX	chuskungfu@gmail.com
Master Paul Chu began his Kung Fu training as a child in Hong Kong learning Wing Chun, Northern Shaolin, and Tai Chi. He has run his school since 1980. His depth of knowledge and experience in other Kung Fu styles helped him to quickly attain a very high level of expertise in Choy Lee Fut. Master Chu belongs to a tradition and lineage of instruction that is among the most honored and respected in all of the martial arts. With utmost dedication and gratitude to his teachers, Master Paul Chu is committed to helping spread Choy Lee Fut and Kung Fu around the world.			
CKFA of Southern Praying Mantis	Tommy Quan	Houston, TX	www.ckfa.com
Houston, TX (Headquarters School) (713) 779-1089; Houston Headquarters School - Sifu Tommy Quan (832) 860-8878, Sifu Paul Dermody (832) 303-2532, Sifu Abraham Chu (832) 878-6988			
Dragon Gate Kungfu	Jonny Shieh	Houston, TX	jshieh@nejiakungfu.com
Traditional martial arts school to help students develop confidence, discipline, and self-defense skills. Our mantra is: sharpen your mind, strengthen your body, and be the best version of yourself!			
Five Tigers Martial Arts	Ellis Beam	Mabank, TX	fivetigersma@yahoo.com
1410 S 3rd St, Ste B, Mabank, Texas, Contact 903-603-8840			
Guo Jie Tai Chi Academy	Sam Guo	Hacienda Height, CA	samguo999@yahoo.com
Guo Jie TaiChi was established in 2000. Classes include: Yang TaiChi Hand Forms (24 Form, 48 Form, 42 Form), Chen's TaiChi Hand Forms (56 Form, 71 Form, 83 Form), TaiChi Sword (32 Sword, 42 Sword, 56 Sword, Wudang Sword, and Chen Style Sword), Other TaiChi weapons include: Fan, Boardsword, Spear and Staff, Bagua Zhang, Basic Wushu Training			
Hebei Chinese Martial Arts Institute	Wuzhong Jia	Richardson, TX	wuzhongj@hebeiwushu.com
Sifu Wuzhong Jia, · Wu Shu - Kung Fu (Gong Fu) · Shaolin (long fist) · Tai Chi (Taiji: Chen, Yang, Wu, Wu/Hao, Sun, taolu) · Chi Kung (Qigong: medical, longevity, Taoist, Shaolin Yijinjing, Ba Duan Jin, Wild Goose) · Ba Gua (Pa Kua: Cheng, Liang, Yin) · Xing Yi (Hsing-I: 5 elements, 12 animals) · Push-Hands · Sanshou (Sanda) · Weapons (straight sword, broad sword, staff, spear, sabre, whip, fan, Guan Dao) Dallas Area: 1201 International Parkway, Suite 200, Richardson, TX 75081, Houston area: 3080 Northpark Drive, Kingwood, TX 77339			
Houston Shaolin Kungfu Academy	Shi Xing Hao	Houston, TX	shaolinacademy18@gmail.com
	Shaolin Kung Fu Academy is an institution dedicated in spreading the traditional Chinese culture and the exchange of the heritage and cultures between the East and West. The motto of the institution is "Skill of martial arts need equal virtue to enhance, so one needs to cultivate both skill and virtue". The academy was founded in 2001.		
Houston Shaolin Temple Kungfu Center	Jian Wang	Houston, TX	https://www.kungfuhouston.com
(832) 672-6666 wanmaofang@hotmail.com			
Houston Songshan Shaolin Temple	Wang Jian	Houston, TX	kungfuwangjian@gmail.com
6920 Cook Rd., Houston, TX 77072 (832) 672-6666			
Hu's Martial Arts, TX	George Hu	Bellaire, TX	georgelinghu42@gmail.com
Master Hu has taught Tai Chi Chuan and Kung Fu since 1969. He has given many demonstrations and workshops of Kung Fu and Tai Chi Chuan in Colorado, Illinois, Michigan, Missouri, Montana, Ohio, Washington D.C. and Texas. During his martial arts career, he has placing first in most competitions. He is a member of the Texas Acupuncture Association. He currently teaches Chi Kung and Internal Style Martial Arts in Houston, TX where he also maintains an active practice of traditional Chinese Healing (acupuncture, acupressure, moxibustion, etc.).			

Name of School	Instructor(Si Fu)	City	Contact Information
Integrity Kung Fu Academy Coach Qingbin Chen during his 30 years of professional Wushu career, has received more than 20 awards, both nationally and internationally recognized awards. 3780 Cartwright Rd., MISSOURI CITY, Texas 77459 (832) 453-4832	QingBi Chen	Missouri City, TX	ounder@integritykungfu.com www.Integritykungfu.com
Iron Mantis Martial Arts	Jeff Hughes	Clute, TX	ironmantismartialarts.com
Jade Mountain Martial Arts "Katy's Original, Award-Winning Kung Fu and Brazilian Jiu-Jitsu School" Learn Ancient Martial Arts with a Modern Approach. JMMA are focused on YOU and helping you or your children reach your goals. Fitness, self-confidence, skills for self-defense, whatever you are looking for, our personalized teaching style will help you achieve it. We treat our students with respect, and we will help you to change your life for the better in every way that we can.	Whit McClendon	Katy, TX	info@jademountain.org
Jing Wu Wu Guan 8650 Spicewood Springs Road #114B, Austin, TX (737) 444-3162	Jing Wu	Austin, TX	austinkungfu666@gmail.com
Kam Lee's Acupuncture & Martial Arts HOW WE WORK: Challenging, fun and exciting classes! We are committed to providing you with the highest quality instruction and training in the martial arts industry. We teach two unique martial art disciplines to accommodate the need of all our students: Kung Fu (external style) and Tai Chi (internal style). Students are encouraged to advance gradually and confidently in their comfort zone to be successful and achieve their personal goals. Our martial art programs include traditional Kids martial arts, Teens & Adult Kung Fu and the original Tai Chi (Taijiquan).	Kam Lee	Fleming Island, FL	kamleecenter@gmail.com
Lakeshore Tai Chi Group Master Yang created Lakeshore TaiChi Group focusing on coaching TaiChi learners' graceful movements in natural environments along	Yi Yang	Chicago, IL	www.lakefortunesgroup.com
Lawhorn Kung Fu and Tai Chi Law Horn Kung fu school is a family oriented center for learning traditional style Chinese kung fu. Our mission is to impact others by passing on what we feel are treasures of our style. We assist in the growth and development of a persons mind, body, and spirit through ancient kung fu training. The nature of our program is designed to strengthen the mind by teaching discipline, building character, self-awareness, and leadership skills. Our program conditions the body through the building of muscles and flexibility; forms, the use of weapons, joint locks, sparring and much more.	Alfonso Sauseda	Bossier City, LA	lawhornkungfu@gmail.com
Lee's Kung Fu and Tai Chi Lee's Kung Fu and Tai Chi Center provides training in traditional Chinese martial arts with specialization in the Northern Shaolin system My Jhong Law Horn, Wu Style Tai Chi Chuan and Fu Style Dragon Shape Pa Kua Chang. Students enjoy learning empty hand and weapon forms as well as sparring and push hands. Participation in demonstrations and tournaments is also encouraged. The school was founded over 40 years ago and continues to produce high quality martial artists in a focused and family friendly environment.	Glenn Guerin	Shreveport, LA	
Lee's White Leopard Kung Fu School These groups are from Dallas. They are specialized in My Jhong Law Horn Kung Fu (迷蹤羅漢) Wu Style Tai Chi (吳式太極拳).	Johnny Lee	Dallas, TX	allison.campolo@gmail.com
Lotus Dragon	Dug Corpoulonge		sifudug@gmail.com
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Master Gohring Master Gohring's Tai Chi & Kung Fu, 6611 Airport Blvd., Austin, TX 78752 • 512-879-7553. Voted Best in Austin, Year After Year Est. 1996	Thomas Gohring	Austin, TX	master@masterhohring.com
Master Sit's TaiChi & KungFu Master Sit began his study of the martial arts in 1968, with Karate, then changed to Taijiquan, southern Gong Fu and other styles of martial arts. He specializes in Wu Taijiquan, Six Elbows (southern) Gong Fu and a rare internal style called Tai Hui, of which he is the only instructor in the entire USA. He also practices Bagua and Chen Taijiquan "just for fun". He enjoys teaching workshops and judging at major Taijiquan and Gong Fu competitions. He incorporates his favorite teaching methods which combine modern physics with the Taijiquan Classics, Tao Te Ching, and Buddhism.	Chun Man Sit	Kansas, MO	www.taihui.com/home.html
Meng's Martial Arts of Katy ANCIENT WISDOMS – MODERN METHODS: Our mission is to use Martial Arts as a vehicle for Self Mastery, self-discovery, and preserving, yet improving the system of Shaolin Wing Chun for future generations.	Bradley Ryan	Katy, TX	staff@martialarts4katy.com



Name of School	Instructor(Si Fu)	City	Contact Information
Pak Mei of Texas	Johnny Le	TX	bctran2@gmail.com
Pei Pai She Chuan Northern Snake Fist- Shaolin	Nelly Rovira	San Antonio, TX	nrovira71@gmail.com
11550 IH 10, San Antonio, Texas 78230 (210) 667-8511			
Shaolin Temple Cultural Center Houston	YanChang Shi	Houston, TX	shixingying@yahoo.com
Shaolin Temple Cultural Center Austin	Scott Pettengill	Austin, TX	Spettengill1@austin.rr.com
The Shaolin Temple Cultural Center are officially recognized by shaolin Temple of China. The Shaolin Temple Cultural Center has been tasked with the overseas promotion of the World Heritage Shaolin Temple culture. Our goal is to carry forward Shaolin tradition by teaching authentic Shaolin Kung Fu. Shaolin Kung Fu is a well-known Chinese martial art. The Shaolin Temple in China has a rich history of over 1500 years. Shaolin Kung Fu teaches physical fitness and self-defense, several open-hand forms, 18 traditional weapons, Qigong, self-discipline, and healthy lifestyle.			
Shaolin Wu-Yi Institute	Travis Alschbach	Plano, TX	info@swyi.com
Shaolin Wu-Yi Institute offers over 25 classes per week in Shaolin 5-Animals Kung Fu (Hong style) and Long Fist Kung Fu (Nanjing Guosu style). Classes and Training in Fast Wrestling and Free Fighting, Yang style Tai Chi and Yoga for Martial Arts are also provided. Sifu Travis Alschbach draws on his experience as a Veteran Dallas Police Officer, Yoga Instructor and MMA Coach to teach innovative and effective classes for all those wishing to get the most out of their kung fu training. (www.swyi.com)			
Seven Star Martial Arts	Jeff Remster	Round Rock, TX	info@7starma.com
1001 Sam Bass Road, Suite 600, Round Rock, Texas 78681 (512) 900-0926			
Shoreline Tai Chi	Chris Marshall	Seattle, WA	shorlinetaichi@gmail.com
Sifu Meng's International Kung Fu Academy	Sifu Meng	Milpitas, California	sifumeng@Vital Kungfu
63 Dempsey Road, Milpitas CA 95035 (408) 799-8309			
Taiji KungFu Health Academy	XiaPing Wu	Houston, TX	www.taijiekungfuhealth.com
The Houston Taiji KungFu Health Academy offers public classes in Wushu and Taiji taught by Master Wu Xiaoping. We offer a wide range of classes in Beginner and Intermediate Taijiquan as well as in Kungfu/Wushu. In addition to the Chinese Martial Arts Curriculum, the Academy offers traditional Chinese medicine treatments in acupuncture, acupressure, therapeutic massage, herbology, cupping and Qi Gong, prticed by Dr. Wu Chengde.			
Texas Dragon/Lion Dance Team	Taran Champagne	Austin, TX	
Tiger On The Red		Shreveport, LA	tigeronthered.com
TOR is a Martial Arts Academy that offers a wide variety of martial arts and combat sports training for all ages and ability. - My Jhong Law Horn Kung Fu - Xing YI, Bagua, Tai Chi - Catch Wrestling - Rock Steady Boxing for Parkinsons Address: 1802 N Market St, Shreveport, LA 71107; Phone: (318) 222-0323			
UH Wushu Club	Alex Vu	Houston, TX	
UT Austin - Texas Wushu	Chad Zimmerman	Austin, TX	texaswushu.org@gmail.com
2101 Speedway Stop D7500, Austin , TX 78712 (832) 922-7821			
USA Shaolin Xiu Culture Center	Yu Chao Sun	Katy, TX	123kungfu@gmail.com
Master YuChao Sun's Katy KungFu Center thrives as a school of traditional Shaolin teachings, where Master Chao continues to share his Shaolin KungFu expertise with those who are eager to learn from an authentic 34th Generation Shaolin Temple Warrior Monk. https://www.shaolinlohancenter.com 21732 Provincial Blvd. Ste 100 • Katy, TX 77450 Phone: (832)363-7994			
USA Tai Chi Academy	Jason Leung	Sugar Land, TX	www.usataichiacademy.org
USA Tai Chi Academy is a nonprofit organization led by Master Jason Leung with the mission of promoting health through Tai Chi and Health Qigong in the community. More than 10 classes are provided with certified Tai Chi and Health Qigong instructors in 6 different locations, mainly in Southwest Houston, for people of all kind. Please go to www.usataichiacademy.org for class schedule.			
WahLum KungFu	Hedison Mui	Carrollton, TX	hedison.mui@wahlumkungfu.com
Wah Lum Northern Praying Mantis Kung Fu is a traditional Chinese martial arts system. Our program focuses on many aspects within our style of Kung Fu and Tai Chi including forms, weaponry, self-defense, body strengthening, balance, and flexibility. There is no better way to get in shape than learning a 400 year old art. We meet at the Rosemeade Recreation Center in the City of Carrollton on Tuesdays and Fridays for adults and Tuesdays for kids Kung Fu, at the Crosby Recreation Center on Wednesdays and the Carrollton Senior Recreation Center on Saturdays for Tai Chi.			

Name of School	Instructor(Si Fu)	City	Contact Information
Vasquez Academy	Rudy Vasquez		vitalyarashevich@gmail.com
Vital Kungfu	Vital Yarashevich	FL	(954) 408-2118 vitalyarashevich@gmail.com
Wang Tao Kungfu	Tao Wang	Plano, TX	wangtaokungfu.com
<p>With more than 40 years of experience in the art of Chinese Kungfu, Master Wang Tao is one of the Grade A International Judges for Kungfu in America, as well as a First Grade National Athlete declared by Chinese National Athletics and Sports Commission. His students have won prestigious rankings in both national and international competitions. His school, based in Plano, Texas, offers classes in Contemporary Kungfu, Chinese Boxing, and Taichi, which promotes self-defense, discipline, self-healing, with health and longevity to everyone.</p>			
Wang's Martial Arts	Yun-Yang Wang	Humble, TX	yy3888wma@gmail.com
<p>Master Yun Yang Wang holds classes in Northern Shaolin / Northern Praying Mantis Kung Fu and Yang Style Tai Chi Chuan. Serving the community for over 40 years. 5311 FM 1960 E. at Timber Forest Dr. Humble, TX 77346 (281) 682-3387, (281) 548-1638</p>			
Warrior University (Texas JKD)	El Campo	Wharton, TX	bracegunnar@hotmail.com (979) 332-1229
<p>We are an Athletic Club dedicated to spreading Martial Arts, Functional Fitness, and the overall Martial Lifestyle. We are operating as the Santa Cruz, San Jose, and Monterey chapters of the Jeet Kune Do Athletic Association . Contact: Gunnar Davis, https://www.texasjkd.com https://www.facebook.com/WarriorUniversityWU/</p>			
Wu Martial Arts Association	Ernie Wu	Houston, TX	wumartialartsassociation@gmail.com
<p>WMAA was first established in 1985. It is a non-profit organization. The Association hosts workshops, seminars, and friendly competitions to create a platform for all martial art practitioners to exchange different skillsets and ideas, and to help the next generation to understand the true meaning of Chinese martial arts. Master Ernie Wu studied the Eight Step Praying Mantis style. Both Master Ernie & Chienli Wu have been teaching Chinese martial art classes at Rice University. They share the same goal promoting the Chinese martial arts.</p>			
Wu Yi Shaolin Martial Arts Center	Henry Su	Coppell, TX	wuyikungfu@gmail.com
	773 S.MacArthur Blvd. - Suite 209, Coppell TX 75019 Master - Sifu Henry Su; Chief - Sifu John Su; Sifu Alex Campolo		Tel: 972-393-9931
Wudang Longmen	Xiao Ling Liu	Takoma Park, MD	liuxiaoling1950@gmail.com
<p>Master Liu has devoted his life to the practice and research of wushu for several decades now. He has not only acquired expertise in the theory and practice of wushu, but has had also the courage to make further developments. Master Liu is an exceptional and versatile martial artist who has integrated the soft and the hard of Kung Fu.</p>			
Yianmei Liu TaiChi Team	Yianmei Liu	Sugar Land, TX	yanmei9971@gmail.com
<p>This group is led by Yianmei also named LiLi to coach Tai Chi on a daily basis. Class is free of charge. Schedule is every morning 7:15am to 8:45am. Address is at Sugar Land Constellation field parking lot, Constellation Field. 1Stadium Dr, Sugar Land, TX 77498</p>			
YMAA International	Yang, Jwing-Ming	Boston, MA	info@ymaaboston.com
YMAA International	Yang, Jwing-Ming	California	info@ymaaretreatcenter.org
<p>Dr. Yang founded Yang's Martial Arts Academy in Boston on October 1, 1982. He began the nonprofit YMAA California Retreat Center in 2008 and guides more than fifty YMAA affiliated schools around the world. Dr. Yang has written thirty-five books, has filmed forty-eight videos. "YMAA Publication Center was established so that Westerners could access the profound Oriental developments of qi, martial arts, and spiritual cultivation. As one of the pioneers in this exchange, YMAA will continue to mark the path between East and West.</p>			
Zhuang's TaiChi and KungFu Academy	Thomas Zhuang	Baton Rouge, LA	www.taichiperson.com
<p>Master Yajun "Thomas" Zhuang has been teaching, competing in, and researching Chinese martial arts (Wushu) for more than 30 years. He has published over twenty papers and five books in both Chinese and English. He was named as an honorary consultant for the Chinese Wushu Hall of Fame. He worked on the effects of Taichi exercise on patients with Peripheral Neuropathy and Parkinson's disease. His modified Zhaung's Taichi and Qi-gong therapy has demonstrated great potential for treating the diseases.</p>			
Zhonghua Wushu School of Kung Fu	Michael Thomas	Victoria, TX	mlt6909@yahoo.com
<p>With over 40 years of traditional Chinese martial arts experience, Zhonghua Wushu is the Crossroads region's only school for ancient combat and self-defense. Students can expect to learn and train a variety of Chinese kung fu styles, involving solo sets, two and three-person fighting sets, traditional weapons, acrobatics, and more. "Success in martial arts requires a good system, a good teacher, and a good student..."</p>			

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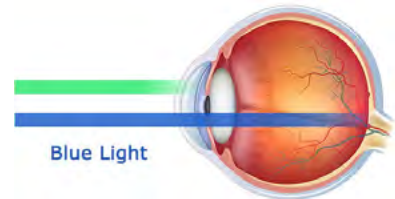
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